

### GROUP CHECK-IN (20 mins):

Take a few minutes to catch up and see how everyone is doing.

- “How was your week? What was the high point? What was the low point?”

### QUICK RECAP

This week’s training challenged a common myth: that you need to be a Bible scholar, pastor, or seminary grad to help someone else grow in their faith. The truth? If you can read a passage of Scripture and ask a few simple questions, you can help someone else discover God’s Word. But we don’t stop at knowing what the Bible says, we have to *do* what it says. Remember the kayak analogy: **know the Word, do the Word**. Using a tool like the “KDS” card, with a little courage and practice, you can confidently open up the Bible with someone and guide them to know it, do it, and share it.

### DISCUSS (15 mins):

1. Have you ever felt unqualified to lead someone else in studying the Bible? Why do you think that is?
2. Which do you think is easier for you - learning more about what God’s Word says or putting it into practice in your real life?

### PRACTICE (40 mins):



**READ**  
Ephesians 4

Use the KDS card to have a discovery bible study.



### **ACCOUNTABILITY**

How can we help support each other to actually do our “I will” statements?

### **PRAYER (5 mins):**

*Choose one or more people to pray for the group members: (Here are some prompts to help if you are having trouble getting started):*

- We trust that your Word is powerful, even when we don't have all the answers.
- God, who is someone in my life that I can guide to “discover” your Word?
- Help us overcome the fear of not being enough and remind us that you are.



### **MIDWEEK CHECK-IN**

*Group text - Did anyone use the KDS tool this week?*

If you used it for your personal study, what was your action step?  
If you used it with someone else, tell us the story!